



Judgement-Free Zone

**WHY WE ARE SO
JUDGMENTAL!**

HOW MANY OF YOU HAVE EVER GOT READY TO
OPEN UP TO SOMEBODY AND TALK AND YOU
TALKED YOURSELF OUT OF IT?

HOW MANY OF YOU HAVE EVER OPENED UP
TO SOMEONE AND LATER REGRETTED IT?

HOW MANY OF YOU HAVE EVER SWALLOWED
YOUR PRIDE AND TALKED AND IT BLESSED
YOUR LIFE?

HAVE YOU EVER REALLY BEEN ENJOYING A
PLACE OR RELATIONSHIP AND YOU PULL BACK
BECAUSE YOU SEE OR EXPERIENCE SOME
THINGS YOU DON'T LIKE BUT YOU NEVER VOICE
IT, AT LEAST TO THE PEOPLE WHO CAN CHANGE
IT?

**LET'S
TALK!**

WHY DO WE NEED JUDGMENTAL FREE ZONES?

- You have a picture in your heart and head of what you should be because you are made in the image of God
- That picture is not developed in the dark like photographs. It is developed around people
- You can't see yourself!
- Somebody must show you yourself for you to see you!
- You must choose to believe what they see of you regarding you over what you think of you!
- You must adjust be what you want to be based off what they said and not just what you think you are doing!
- This only works if you have non-judgmental people who know and love you showing you you!

Judgmental: Placing your personal judgement on what you perceive to be good or bad

God's Original Design for connection did not include being judgmental!

GENESIS 2:25 AND THE MAN AND HIS WIFE WERE BOTH NAKED AND WERE NOT ASHAMED.

Satan's plan to distort God's design
was thru being judgmental

**Satan wants us to view each other
based on our good and bad
characteristics. As a result, we pull
back or “go in” based on our need
to protect ourselves and not based
on purpose**

How does Satan create Judgmental Filled Zones?

Genesis 3 Now the serpent was more crafty than any beast of the field which the Lord God had made. And he said to the woman, “Indeed, has God said, ‘You shall not eat from [a]ny tree of the garden?’” 2 The woman said to the serpent, “From the fruit of the trees of the garden we may eat; 3 but from the fruit of the tree which is in the middle of the garden, God has said, ‘You shall not eat from it or touch it, or you will die.’” 4 The serpent said to the woman, “You surely will not die! 5 For God knows that in the day you eat from it your eyes will be opened, and you will be like God, knowing good and evil.” 6 When the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was desirable to make one wise, she took from its fruit and ate; and she gave also to her husband with her, and he ate.

Our reactions to the knowledge of God and evil:

We fear judgement so we hide from each other!

Genesis 2:7 Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loin coverings.

We fear judgement so we hide from God!

Genesis 2:8 They heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. **9** Then the Lord God called to the man, and said to him, “Where are you?” **10** He said, “I heard the sound of You in the garden, and I was afraid because I was naked; so I hid myself.” **11** And He said, “Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?” **12** The man said, “The woman whom You gave to be with me, she gave me from the tree, and I ate.”

Characteristics of Judgmental Zones!

- Projected guilt
- Projected insecurities
- Finger Pointing
- Twisted words without confrontation

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How to Create Safe Non-Judgmental Places!

- Throw your guilt on Jesus not people
- Connect via purpose versus problems
- Fall “In Love”
- Replace man made “fig leaves” with “God made clothes”

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Challenge for the week: Non-Judgmental Week

- Have your opinion but keep it to yourself unless asked!
- Have a crucial conversation in love
- Receive a crucial conversation in love
- Ask God to show you how He sees things and what He is doing versus what we think and
- feel!!!

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