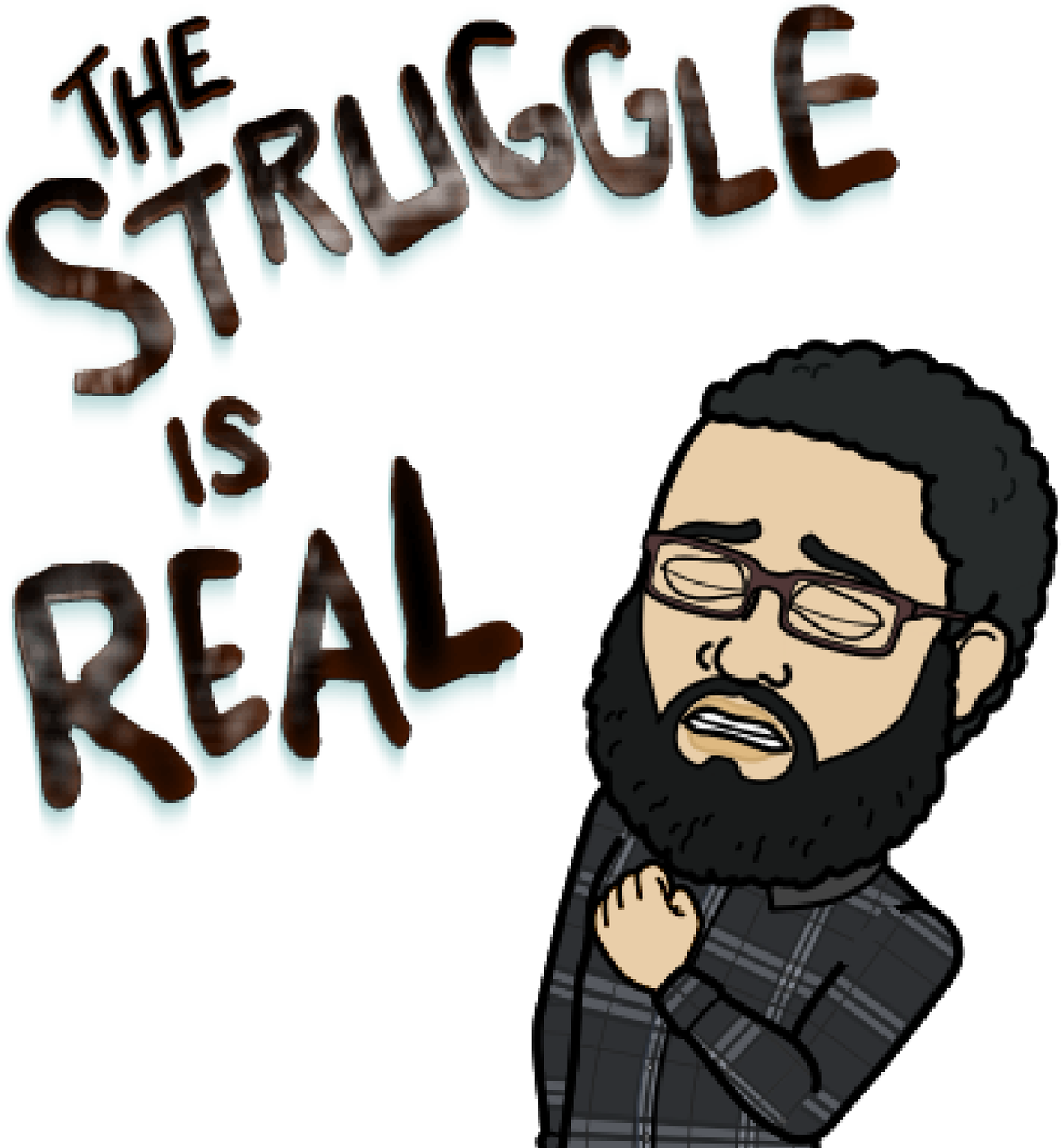
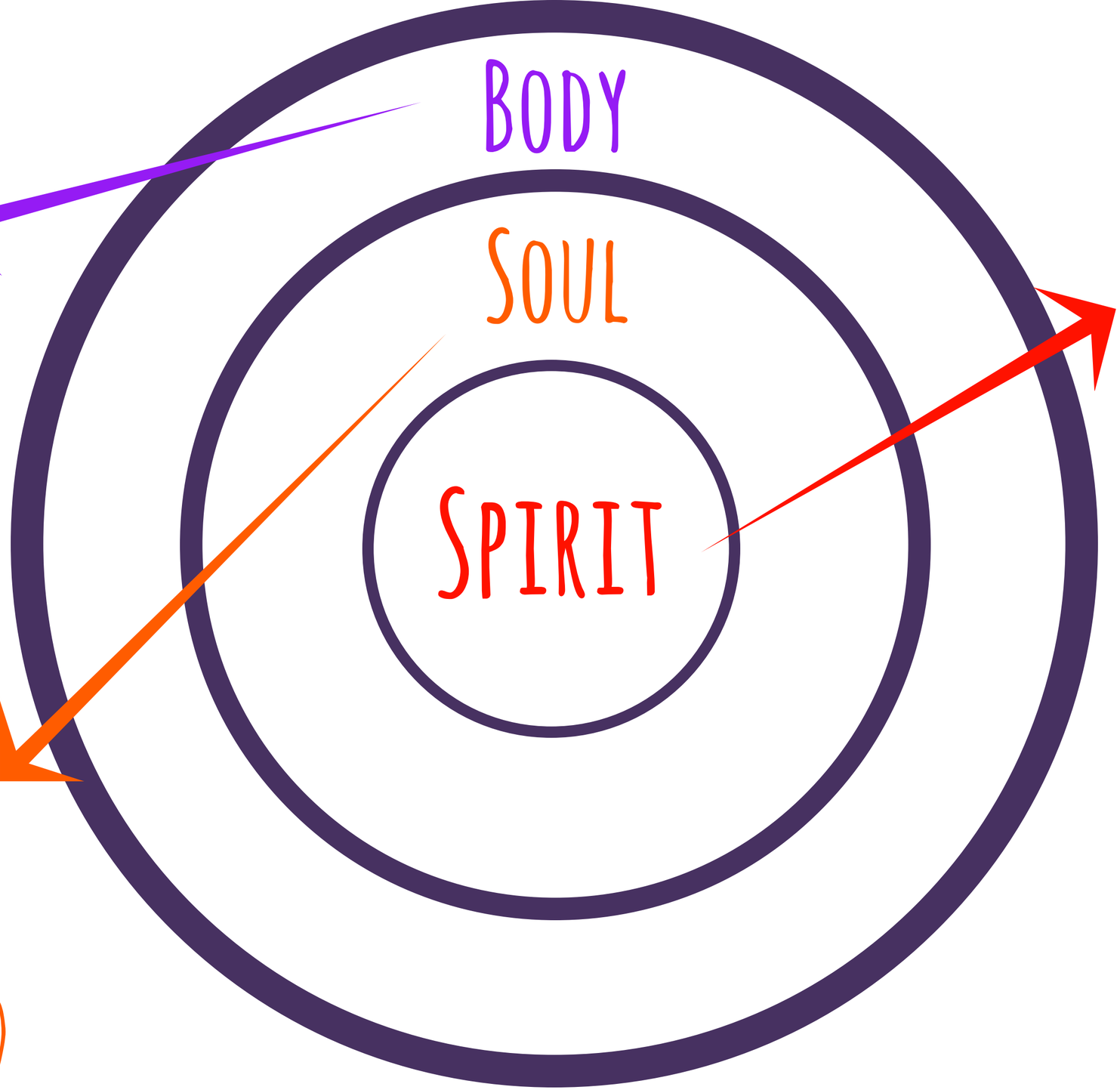

THE
STRUGGLE
IS
REAL

Know Your Makeup

1 Thessalonians 5:23 Now may the God of peace himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.

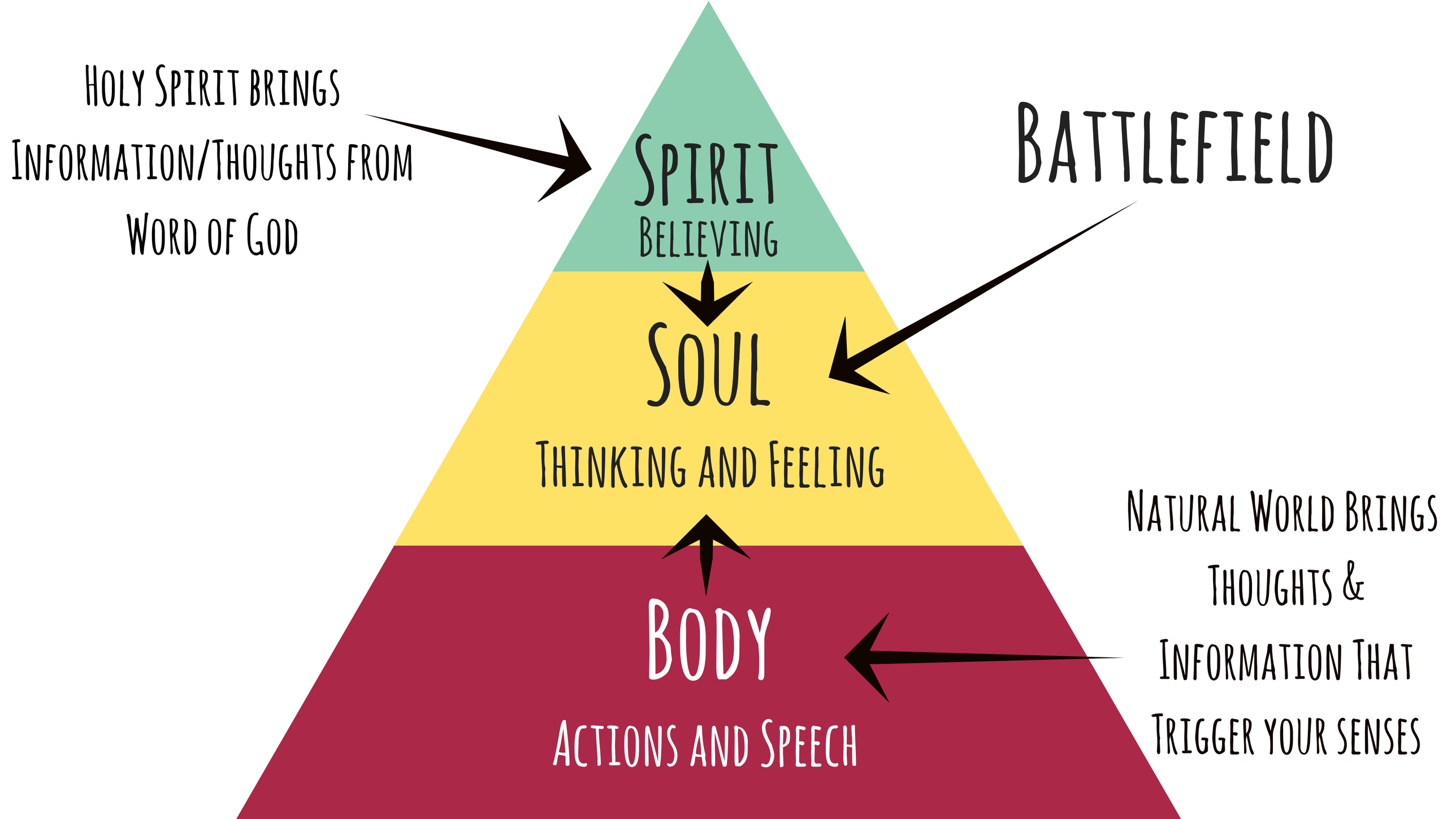
You are a spirit, You have a soul, and you live in a Body

- Senses
- Action
- Speech



- Heart
- Identity
- Purpose
- Faith
- Place that God speaks to

- Mind (Thinker)
- Will (Chooser)
- Emotion (Feeler)


Holy Spirit brings
Information/Thoughts from
Word of God
Spirit
Believing
Battlefield
Soul
Thinking and Feeling
Natural World Brings
Thoughts &
Information That
Trigger your senses
Body
Actions and Speech

. Romans 7:15 For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. 16 Now if I do what I do not want, I agree with the law, that it is good. 17 So now it is no longer I who do it, but sin that dwells within me. 18 For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. 19 For I do not do the good I want, but the evil I do not want is what I keep on doing.

. Romans 7:20 Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. 21 So I find it to be a law that when I want to do right, evil lies close at hand. 22 For I delight in the law of God, in my inner being, 23 but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. 24 Wretched man that I am! Who will deliver me from this body of death 25 Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

How to Keep it Real During the Struggle!

Identify Your Double Standards!

Admit you have a Struggle!

Identify Your Righteous Desire!

Do Not, I Repeat, Do Not Trust Your Flesh!

Your feelings are not an identity they are indicators of the struggle!!

James 4:6 But He gives a greater grace. Therefore it says, “God is opposed to the proud, but gives grace to the humble.” 7 Submit therefore to God. Resist the devil and he will flee from you. 8 Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

Submit To God

Resist the Devil

Draw Near To God

God Draws Near to You

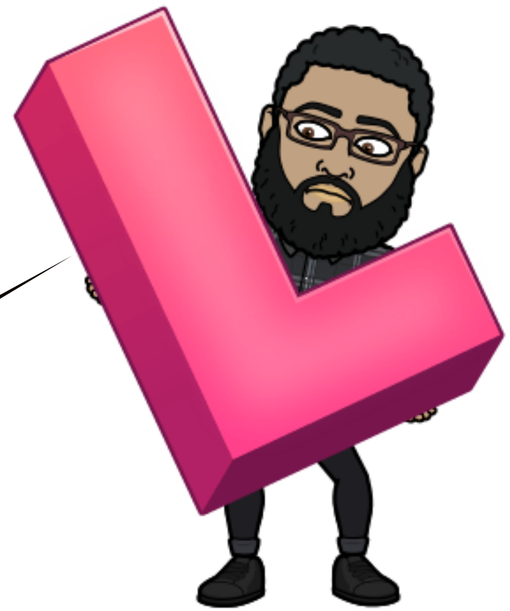
To Winning The Struggle!

Reject the Information/Thoughts the Holy Spirit Brings from Word of God

Spirit
Believing

Soul
Thinking and Feeling

Body
Actions and Speech



Natural World Brings Thoughts & Information That Trigger your senses

Holy Spirit brings Information/Thoughts from Word of God

Spirit

Believing

Soul

Thinking and Feeling

Body

Actions and Speech

Dominate the Natural World Thru The Authority of the Word of God